

## PRESS RELEASE

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## FOR IMMEDIATE RELEASE

### **OrthoCarolina Welcomes Alison Warren, DAOM, L.Ac.**

*Patients now have access to Integrative Medicine Service Line*

**CHARLOTTE, N.C. (September 22, 2014)** – OrthoCarolina has hired Alison Warren, DAOM, L.Ac. and added Integrative Medicine as a new service line. A nationally board certified licensed acupuncturist and diplomat in Oriental medicine since 2010 and an Asian Body Therapist since 2007, she has taught orthopedic and neurological evaluation and specialized needle techniques for orthopedic disorders to acupuncturists and acupuncture students.

Dr. Warren holds a Clinical Doctorate in Acupuncture and Oriental Medicine from Bastyr University in Washington, specializing in pain management, and a Master's of Science in Traditional Chinese Medicine in Chicago from Pacific College of Oriental Medicine. She received her Bachelor's in Premed and Psychology at Kent State University. During her training in Traditional Chinese Medicine (TCM), she also traveled to China to train at prestigious hospitals in both Shanghai and Chengdu. Warren has lectured on TCM and acupuncture mechanisms at a number of universities including Brown University.

“With the addition of Dr. Warren to our team OrthoCarolina is proud to now be able to offer our patients a new integrative medicine service line in a clinical setting,” said Dr. Daniel Murrey, CEO of OrthoCarolina. “She is among the best in her field and will bring a skill set of traditional Chinese medical tools of evaluation and treatment that complement our extensive orthopedic services.”

Acupuncture concentrates on bringing homeostasis, or balance, to the body through the insertion of thin, fine, sterile needles into acupoints through the skin. These points are normally within superficial connective tissue and muscles in areas of concentrated nerve endings and vasculature. By reducing inflammation and relaxing tissues, acupuncture can also improve blood flow, remove metabolic waste, and help reduce pain, encouraging the body to repair itself and restore proper function.

“Joining an orthopedic group is ideal for my practice because together we can now offer whatever tool works best for the recovery of each individual patient,” said Warren. “If that means integrated medicine through acupuncture and less pain medications, we can go that route. Each patient's specialized needs will be met and they will have more options than ever before when it comes to their healthcare.”

Dr. Warren will hold clinic sessions 3 days a week at OrthoCarolina's Eastover Physical Therapy office and 2 days a week at OrthoCarolina Huntersville. To make an appointment call 704.323.3111 or for more information visit [www.orthocarolina.com/warren](http://www.orthocarolina.com/warren)

**About OrthoCarolina**

OrthoCarolina is one of the nation's leading independent academic orthopedics practices serving North Carolina and the Southeast since 1922. OrthoCarolina provides compassionate and comprehensive musculoskeletal care including operative and non-operative care, diagnostic imaging and rehabilitative therapy. Widely known for musculoskeletal research and training, OrthoCarolina physicians have specialized expertise in foot and ankle, hip and knee, shoulder and elbow, spine, sports medicine, hand, pediatric orthopedics, and physical medicine and rehabilitation. Our 120 OrthoCarolina physicians see nearly one million patient visits throughout western North Carolina each year.

OrthoCarolina.You.Improved.

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