



# DISPOSAL OF NARCOTIC MEDICATIONS

Dear Patient,

There may be times when you want to dispose of Narcotic Prescription Medications for various reasons such as but not limited to; expired medications, you no longer take the medication, and you do not want narcotic medications in your residence. Your Practitioner, in conjunction with the North Carolina Board of Pharmacy, wants to provide instructions for the safest way to do dispose of medications.

## OPTION I:

- » You can check with your local law enforcement officials to see if there is an “Operation Medicine Drop” scheduled.
- » OMD is a date and location that is scheduled for law enforcement officials to be on hand to take medicines and dispose of them properly.
- » You can contact your local pharmacy to see if they have a Dropbox at their location.

## OPTION II:

- » Take the medication out of the original container(s).
- » Put them in a plastic bag that can be sealed.
- » Mix them with equal parts of water and kitty litter or used coffee grounds and seal the bag.
- » The bag can then be put with the regular trash.

## PLEASE NOTE:

- **DO NOT BRING THE MEDICATIONS TO THE OFFICE FOR OC TO DISPOSE OF.**
- **DO NOT FLUSH MEDICATIONS.**
- **DO NOT POUR MEDICATIONS DOWN THE DRAIN.**

For additional information refer to the DEA website: <https://www.dea.gov/takebackday>

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