



## Kristen Alford, PT

### Education

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- East Carolina University - *Bachelor of Science*
- University of North Carolina at Chapel Hill - *Masters of Science in Physical Therapy*

### Practice

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**P: 704.323.3009**

#### LOCATIONS

- Sports Medicine Center  
Therapy

- Certified [Sportsmetrics](#) Clinician
- Member American Physical Therapy Association Sports Medicine and Orthopedic

### Awards

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- 2018 OrthoCarolina Manager of the Year

#### CLINICAL SPECIALTIES

- Shoulder
- Sports Medicine