



## Ken Breath, PT, ATC, LAT, Cert. DN

### Bio

- Manager of Motorsports Outreach
- Hendrick Motorsports - Physical Therapist
- Stewart Haas Racing - Physical Therapist
- Joe Gibbs Racing - former Head Physical Therapist/Athletic Trainer
- Davidson College - Physical Therapy Consultant
- Kasey Kahne Racing - Physical Therapy Consultant
- OrthoCarolina Sports Symposium - Presenter (Shoulder Rehab techniques, Ankle Rehab techniques and Return to Sport, Patello-femoral pain: Evaluation and conservative treatment)
- Central Piedmont Community College - Guest lecturer (LASER treatment in the clinical setting)
- Catalyst Award/Employee of the Year Committee
- NATA National Convention - Poster presentation
- NASCAR Summit- Presenter (Acute injury- knee examination Lateral Epicondylitis in the Pit Crew Member)
- JC Smith University- Presenter (Patello-femoral pain prevention and rehabilitation and multiligament reconstruction)
- Young Explorers Program - Presenter

**P: 704.786.5122**

### LOCATIONS

- Concord Physical & Hand Therapy

### CLINICAL SPECIALTIES

- Shoulder & Elbow
- Sports Medicine

In addition to treating patients, Ken stays current in the latest research by frequently attending continuing education courses and reading journals. He stays busy after work watching his 2 daughters play soccer, and occasionally playing golf.

### Education

- **High Point University** -- *Bachelor of Science* - Sports Medicine/Athletic Training, minor K-12 Physical Education (certificate)
- **Medical College of VA (VCU)** -- *Masters of Science* - Physical Therapy with emphasis on Sports Rehabilitation and Orthopedics

### Practice

- NATABOC- Athletic Trainer Certified
  - Certified in Dry Needling- Double E PT Education
  - Certified Golf Performance Specialist- GOLO Golf Fitness
  - Certified Speed and Agility Coach (NSPA)
  - ImPACT Certified Physical Therapist
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- Specializing in Sports Medicine and Orthopedics, Joint Replacements & Sports Performance
  - Member of the OrthoCarolina Motorsports Team

### Team

- Pam Brown, MS, ATC, LAT, EMT-I