



Ken Breath, PT, ATC, LAT, Cert DN, Cert BFR

Bio

P: 704.786.5122

LOCATIONS

- Concord Physical & Hand Therapy

CLINICAL SPECIALTIES

- Hip
- Knee
- Shoulder
- Sports Medicine

- Manager of Motorsports Outreach
- Hendrick Motorsports - Physical Therapist
- Penske- Former Physical Therapist for IndyCar
- Stewart Haas Racing - Physical Therapist
- Joe Gibbs Racing - former Head Physical Therapist/Athletic Trainer
- Davidson College - Physical Therapy Consultant
- Kasey Kahne Racing - Physical Therapy Consultant
- OrthoCarolina Sports Symposium - Presenter (Shoulder Rehab techniques, Ankle Rehab techniques and Return to Sport, Patello-femoral pain: Evaluation and conservative treatment)
- Central Piedmont Community College - Guest lecturer (LASER treatment in the clinical setting)
- Catalyst Award/Employee of the Year Committee
- NATA National Convention - Poster presentation
- NASCAR Summit- Presenter (Acute injury- knee examination Lateral Epicondylitis in the Pit Crew Member)
- JC Smith University- Presenter (Patello-femoral pain prevention and rehabilitation and multiligament construction)
- Young Explorers Program - Presenter

In addition to treating patients, Ken stays current in the latest research by frequently attending continuing education courses and reading journals. He stays busy after work watching his 2 daughters play soccer, and occasionally playing golf.

Education

- **High Point University** -- *Bachelor of Science* - Sports Medicine/Athletic Training, minor K-12 Physical Education (certificate)

- **Medical College of VA (VCU) -- *Masters of Science*** - Physical Therapy with emphasis on Sports Rehabilitation and Orthopedics

Practice

- Specializing in Sports Medicine and Orthopedics, Joint Replacements & Sports Performance
- Member of the OrthoCarolina Motorsports Team

Team

- Pamela Brown MS, ATC, LAT, EMT-I