



## Lois K. Osier, MD

### Bio

Dr. Osier realized her desire to become an orthopedic physician while working as a physical therapist. When a promotion to supervisor left her with less patient interaction, she knew her next step was to earn her medical degree in order to return to close patient care. Dr. Osier receives a great deal of gratification from helping patients return to their normal daily activities.

Dr. Osier enjoys spending time with her husband and her two sons. She is also an outdoor enthusiast who enjoys gardening, golf and boating.

**P: 704.323.2426**

**Patient Rating:**  
4.8 out of 5 Stars

### LOCATIONS

- Congenital Hand Clinic
- Hand Center
- Pineville

### CLINICAL SPECIALTIES

- Hand

### Education

- **University of Connecticut** -- *Bachelor of Science*
- **University of Massachusetts Medical School** -- *Doctor of Medicine*
- **University of Massachusetts Medical Center** -- *Internship, General Surgery*
- **University of Massachusetts Medical Center** -- *Residency, Orthopedic Surgery*
- **University of Massachusetts Medical Center** -- *Fellowship, Orthopedic Surgery Research*
- **Duke University Medical Center** -- *Fellowship, Hand & Microsurgery*

### Practice

- Specializes in pediatric and congenital hand deformities
- Member of the American Academy of Orthopaedic Surgeons
- Member of the American Society for Surgery of the Hand
- Member of the North Carolina Orthopedic Association
- Member of the Southern Orthopedic Association
- Member of the North Carolina Society for Surgery of the Hand
- Member of the Duke Piedmont Society/Hand Club
- Member of the Mecklenburg County Medical Society
- Certificate of Added Qualifications: Hand

### Awards

- Named a 2019 **Top Doctor** by Charlotte Magazine
- Named a 2017 **Top Doctor** by Charlotte Magazine
- Named (2011) one of the [70 Female Orthopedic and Spine Surgeon Leaders to Know](#)
- Named a 2014 **Top Doctor** by Charlotte Magazine
- Named a 2013 **Top Doctor** by Charlotte Magazine
- Named a 2012 **Top Doctor** by Charlotte Magazine
- Named a 2011 **Top Doctor** by Charlotte Magazine
- Named a 2010 **Top Doctor** by Charlotte Magazine
- Named a 2009 **Top Doctor** by Charlotte Magazine
- Named a 2008 **Top Doctor** by Charlotte Magazine
- Named a 2007 **Top Doctor** by Charlotte Magazine

# Research

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## Peer-Reviewed Publications

- \*Gaston RG, Ward WA, Lewis DL, Gantt EG, **Osier LK**, Gaul JS, Perlik PC, Chadderdon RC, Baker DS, Boatright JR; Wrist and Radius Injury Surgery Trial (WRIST) Study Group: Reflections One Year into the 21 Center NIH-funded WRIST Study. A Primer on Conducting a Multicenter Clinical Trial. *Journal of Hand Surgery*, 2013 Jun;38:1194-1201. \*denotes group study
- Song JW, Waljee JF, Burns PB, Chung KC, Gaston RG, Haase SC, Hammert WC, Lawton JN, Merrell GA, Nassab PF, Yang LJ, \***Osier LK**, Ward WA, Boatright JR et al; Surgery for the Ulnar Nerve (SUN) Study Group: [An Outcome Study for Ulnar Neuropathy at the Elbow: A Multicenter Study by the SUN Study Group](#). *Neurosurgery*. 2013 Jun;72:971-982. \* denotes group study. PMID 23426153
- Giladi AM, Gaston RG, Haase SC, Hammert WC, Lawton JN, Merrell GA, Nassab PF, Song JW, Yang LJ, Chung KC, \***Osier LK**, Ward WA, Boatright JR et al: For the Surgery of the Ulnar Nerve Study Group. [Trend of Recovery after Simple Decompression for Treatment of Ulnar Neuropathy at the Elbow](#). *Plastic Reconstructive Surgery*. 2013 Apr;131(4):563e-573e. \*denotes study group. PMID 23542274
- Malay S, Chung KC, \*Gaston RG, **Osier LK**, Ward WA, Boatright JB et al: [The Minimal Clinically Important Difference After Simple Decompression for Ulnar Neuropathy at the Elbow](#). *Journal of Hand Surgery* 2013 Apr; 38:652-659 \*denote group study – SUN Study Group PMID 23474160

## NATIONAL AND REGIONAL PRESENTATIONS

- Ward AW, **Osier LS**, Lewis DR, Loeffler BJ, Chadderdon RC, Gaston RG. Lymphedema Following Elective Hand and Wrist Surgery in Women who are Post Axillary Lymph Node Dissection: A Prospective, Cohort Study. Abstract-(paper#2): ASSH Annual Meeting; 2016 Sept 29; Austin, TX
- **Osier LK**: Perioperative Considerations in the Rheumatoid Patient. Carolinas Medical Center Dept of Rheumatology; 2015; Oct 1; Charlotte, NC

## Team

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- Surgery Scheduler – Desiree
- Administrative Assistant – Kim Haynes