



Robert B. McBride, Jr., MD

Bio

- **Team Physician** -- Julius Chambers High School High School

Education

- **Xavier University** -- *Bachelor of Science*
- **West Virginia University School of Medicine** -- *Doctor of Medicine*
- **Charlotte Memorial Hospital** -- *Internship*
- **Charlotte Memorial Hospital** -- *Residency, Orthopedics*
- **American Board of Orthopedic Surgery** -- *Board Certified in Sports Medicine*

P: 704.323.2100

Patient Rating:
4.8 out of 5 Stars

LOCATIONS

- University

CLINICAL SPECIALTIES

- Specialties
- Knee
- Sports Medicine

Practice

- ACL/Meniscal Arthroscopic Surgery
- Dry Needling - [Presentation on Dry Needling](#)
- Foot & Ankle Surgery
 - Bunions
 - Hammertoes
- Hand Surgery
 - Carpal Tunnel Syndrome
 - Trigger Finger
 - de Quavain Disease
 - Wrist Fractures
- Hip and Knee
 - Conservative Treatment Options
 - Surgical Treatment Options
- Pre and Post Total **Hip** Replacement - [Instructional Rehabilitation Video Series](#)
- Pre and Post Total **Knee** Replacement - [Instructional Rehabilitation Video Series](#)
- Rotator Cuff Surgery

- Shoulder Surgery and Shoulder Injuries
- Trauma/Fracture Surgery
 - Ankle Fractures
 - Wrist & Long Bone Fractures
 - Hip Fractures

Awards

2022 [North Carolina's Top Doctors](#), Charlotte Region, SouthPark Magazine