



## Meredith Bumgarner, MS, OTR/L, CSCS

### Bio

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- **Lenoir Rhyne University** - *Master of Science Occupational Therapy and Bachelor of Science Human Occupational Studies*

### Practice

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- American Society of Hand Therapists
- National Strength and Conditioning Association
- North Carolina Board of Occupational Therapy
- National Board of Occupational Therapy
- Focuses on hand and upper extremity rehab, custom splinting, kinesiotaping, and sport specific rehab

**P: 828.485.2160**

### LOCATIONS

- Hickory Physical & Hand Therapy

### CLINICAL SPECIALTIES