



## Nady Hamid, MD

### Bio

---

Dr. Hamid specializes in treating disorders of the shoulder and elbow. He completed his fellowship training in shoulder and elbow surgery at the esteemed Shoulder and Elbow Center at Washington University in St. Louis, MO. He also traveled to Nice, France for further training in advanced arthroscopic shoulder surgery and complex shoulder reconstruction. He has published numerous scientific articles and book chapters pertaining to topics such as rotator cuff disease, shoulder arthritis, and post-traumatic elbow disorders. He is an Associate Professor with Wake Forest University Department of Orthopaedic Surgery and Rehabilitation. He currently serves on the editorial review board for the Journal of the American Academy of Orthopaedic Surgeons and the Journal of Shoulder and Elbow Surgery. He currently serves the role of Lead Physician at the OrthoCarolina Shoulder and Elbow Center and is the Director for Surgical Simulation for the Department of Orthopaedic Surgery. Dr. Hamid is actively involved in the prestigious American Society of Shoulders and Elbow Surgeons where he frequently presents clinical research and participates in national research focus groups. He has been voted by his peer physicians as one of Charlotte's Top Docs for 8 consecutive years.

**P: 704.323.3000**

### Patient Rating:

4.8 out of 5 Stars

### LOCATIONS

- Shoulder & Elbow Center
- South Park
- Sports Medicine Center

### CLINICAL SPECIALTIES

- Shoulder & Elbow
- Sports Medicine
- Shoulder

### Education

---

- **University of South Alabama** -- *Bachelor of Science, Biomedical Studies, Summa Cum Laude*
- **University of Alabama School of Medicine** -- *Doctor of Medicine, Magna Cum Laude*
- **Atrium Health - Carolinas Medical Center** -- *Residency*
- **Washington University, St. Louis, MO** -- *Fellowship, Shoulder & Elbow Surgery*
- **L'archet University Hospital, Nice, France** -- *Post-Fellowship Training, Shoulder Surgery*

## Practice

---

- American Board of Orthopedic Surgery, 2013
  - Atrium Health Department of Orthopaedic Surgery -- Associate Professor
  - [5 questions for Dr. Nady Hamid - Business NC Magazine](#)
- 

- American Shoulder and Elbow Society
- American Orthopaedic Association (AOA)
- American Academy of Orthopaedic Surgeons (AAOS)
- University of Alabama School of Medicine Alumni Society
- North Carolina Orthopaedic Association (NCOA)
- Mecklenburg County Medical Society
- Alpha Omega Alpha Medical Honor Society (A?A)
- Specialize in Shoulder & Elbow

## Awards

---

- Named a 2023 Top Doctor by Charlotte Magazine
- 2023 [North Carolina's Top Doctors](#), Charlotte Region, SouthPark Magazine
- 2022 [North Carolina's Top Doctors](#), Charlotte Region, SouthPark Magazine
- Named a 2021 Top Doctor by Charlotte Magazine
- Named a Carolina Top Doctor, 2020
- Named a 2020 Top Doctor by Charlotte Magazine
- Named a 2019 Top Doctor by Charlotte Magazine
- Named a 2018 Top Doctor by Charlotte Magazine

### Residency

- AOA- Emerging Leaders Program 2010
- Best Resident Clinical Paper 2010
- AOA- Kellogg Leadership Series 2008
- Best Resident Clinical Paper 2008
- Residency Selection Committee 2008, 2009

### Medical School

- Magna Cum Laude 2005
  - Alpha Omega Alpha Honor Society 2004
  - Purifoy Memorial Medical Scholarship 2004
  - Pathology Honor Society for Academic Excellence 2004
  - Benjamin and Roberta Russell Medical Scholarship 2003
  - Physiology Academic Excellence Award 2002
-

- Buckby Medical Graduate Scholarship 2001

## Research

---

### PUBLICATIONS

- Berk A, Cregar W, Trofa DP, Schiffern SC, **Hamid N**, Rao A, Saltzman BM. Outcomes of Subacromial Balloon Spacer Implantation for Irreparable Rotator Cuff Tears: A Systematic Review and Meta-Analysis. *J Shoulder Elbow Surg*. Accepted, Apr 2023.
- Young BL, Bitzer A, Odum SE, **Hamid N**, Connor PM. Healthcare Costs of Failed Rotator Cuff Repairs. *Journal of Shoulder and Elbow Surgery RRT*. Accepted, March 2023.
- Posey SL, Jolissaint JE, Boylan M, Hurwit D, Sonnenfeld J, Yu Z, Odum SM, Schiffern SC, **Hamid N**, Riboh JC. Size and Morphology of the Coracoid and Glenoid in Pediatric and Adolescent Patients: Implications for Latarjet Procedure. *JSES International*, accepted March 2023.
- Rooney EM, Odum SM, **Hamid N**, Irwin TA, and the CORE Study Group. Opioid-Fee Forefoot Surgery vs Traditional Perioperative Opiate Regimen: A Randomized Controlled Trial. *Foot Ankle International*, Jan 2023. *PMID 36537761*
- Berk A, Cregar B, Rao A, Schiffern S, **Hamid N**, Saltzman B. Anatomic Total Shoulder Arthroplasty with Inlay Glenoid Component: A Systematic Review. *Shoulder and Elbow*. Accepted, Jan 2023.
- Turk R and **Hamid N**. Postoperative Pain Control Following Shoulder Arthroplasty: Rethinking the Need for Opioids. *Orthopaedic Clinics of North America*. Accepted, Jan 2023
- Hong IS, Rao AJ, CarlLee TL, Hurwit DJ, Scarola G, Trofa DP, Schiffern SC, **Hamid N**, Connor PM, Fleischli JE, Saltzman BM. Outcomes After Arthroscopic Repair of Small to Large Rotator Cuff Tears in the Setting of Mild to Moderate Glenohumeral Osteoarthritis. *World J Orthop*. Accepted, Jul 2022.
- Hong IS, Meade JD, Young BL, Yu Z, Trofa DP, Fleischli JE, **Hamid N**, Piasecki DP, Saltzman BM. Trends in Repair vs. Biceps Tenodesis for Superior Labrum From Anterior to Posterior (SLAP) Tear: An Epidemiological Study. *Cureus*, July 2022. *PMID 36017300*
- Jackson GR, Meade J, Coombes KP, Young BL, **Hamid N**, Piasecki DP, Fleischli JE, Trofa DP, Saltzman BM. Onlay versus Inlay Biceps Tenodesis for Long Head of Biceps Tendinopathy: A Systematic Review and Meta-Analysis. *J Am Acad Orthop Surg Glob Res Rev*. Accepted, Oct 2022.

- Jackson G, Schiffen SC, Young BL, **Hamid N**, Saltzman BM. Onlay versus Inlay Humeral Components in Reverse Shoulder Arthroplasty: A Systematic Review and Meta-analysis. *Shoulder and Elbow*, Accepted Nov 2022.
- Hong IS, Sonnenfeld JJ, Sicut CS, Hong RS, Trofa DP, Schiffen SC, **Hamid N**, FleischliJE, Saltzman BM. Outcomes After Arthroscopic Revision Bankart Repair is Dependent on Glenoid Bone Loss: An Updated Systematic Review of Recent Literature. *Arthroscopy*. 2022; [Epub ahead of print]. *PMID 35398484*.
- Johnson NR, **Hamid N**, Hysong AA, Rowe TM, Connor PM. Revision Total Elbow Arthroplasty Using Intramedullary Strut Allograft For Aseptic Loosening of the Humeral Stem. *JSES Reviews, Reports, and Techniques*. 2022 (2).
- Meade J, Young BL, Qi Z, Trofa DP, Piasecki DP, **Hamid N**, Schiffen S, Saltzman BM. Distal Clavicle Excision: An Epidemiologic Study using the NASS Database. *Cureus*. 2022; *PMID 35308735*.
- Meade JD, Jackson GR, Schallmo MS, Young BL, Parisien RL, Trofa DP, Connor PM, Schiffen S, **Hamid N**, Saltzman BM. Comorbidity Scores Reported in Anatomic and Reverse Total Shoulder Arthroplasty: A Systematic Review. *Int Orthop*. 2022; *PMID 35666300*.
- Jolissaint JE, MD, Scarola GT, Odum SM, Michalek C, Leas D, MD, Saltzman BM, Schiffen S, Loeffler BJ, Connor PM, **Hamid N**, and the CORE Study Group. Opioid-free shoulder arthroplasty is safe, effective, and predictable compared to a traditional perioperative opioidate-containing regimen: a randomized controlled trial of a novel clinical care pathway. *Journal of Shoulder and Elbow Surgery*, *PMID 35065291*.
- Young BL, Corpus KT, Scarola GT, Trofa DP, Yeatts NC, Piasecki DP, **Hamid N**, Connor PM, Schiffen SC, Saltzman BM, Fleischli JE. *Outcomes of Posterior Labral Repair with or without concomitant High-Grade Glenohumeral Chondral Pathology: A Retrospective Cohort with minimum 2-Year Follow-Up*. *Journal of Shoulder and Elbow Surgery*. *PMID 33964429*.
- CarlLee TL, Rao AJ, Scarola GT, Yeatts NC, Trofa DP, **Hamid N**, Schiffen SC, Connor PM, Fleischli JE, Saltzman BM. *Clinical Outcomes of a Novel Ulnar Collateral Ligament Reconstruction Hybrid Technique with Ulnar-Sided Suspensory Fixation*. *J Shoulder Elbow Surg*. 2021. *PMID 33753270*
- Rao AJ, Scarola G, Rowe T, Yeatts N, Hong I, Gaston G, Saltzman BM, **Hamid N**, Connor P. *Distal Biceps Repairs in Females: A Large Single Center Case Series*. *HSS J*. 2022; 18(2): 264-270. *PMID 35645642*.
- Gorbaty J, Odum SM, Wally MK, Seymour RB, **Hamid N**, Hsu JR, PRIMUM Group. Prevalence of Prescription Opioids for Non-operative Treatment of

Rotator Cuff Disease is High. Arthroscopy, Sports Medicine, and Rehabilitation. Accepted. 2021 Feb 3;3(2). *PMID: 34027445*

- Shing EZ, Leas D, Michalek C, Wally M, **Hamid N.** Opioid-Free versus Traditional Perioperative Analgesia in Elective Orthopaedic Surgery: A Randomized Controlled Trial. *BMC Musculoskeletal Disorders*. Jan 23 (22), 2021. *PMID: 33485328*
- Young BL, **Hamid N.** Response to a letter to the editor regarding: "Reverse shoulder arthroplasty with and without latissimus and teres major transfer for patients with combined loss of elevation and external rotation: a prospective, randomized investigation". *Journal of Shoulder and Elbow Surgery*, April 30 (4), 2021. *PMID: 33359904*
- Axibal DP, Yeatts NC, Rao AJ, Muña KR, Hong IS, Connor PM, Fleischli JE, Piasecki DP, Saltzman BM, **Hamid N.** Natural History of Patients with Acute Proximal Biceps Tendon Rupture. *Muscle, Ligaments, and Tendon Journal*. Nr 2021;11. *DOI: 10.32098/mltj.02.2021.03*
- Gorbaty JD, Rao AJ, Varkey DT, Muna K, Saltzman BM, **Hamid N.** *Total Joint Arthroplasty and Golf Play: Analysis of Regional Golf Handicap Database* *Journal of American Academy of Orthopaedic Surgeons*. Sept 2020. *PMID: 33002961*
- Rao, AJ, Yeatts NC, Reid RT, Trofa DP, Scarola G, Schiffern SC, **Hamid N,** Saltzman BM. *Is postoperative glucose variability associated with adverse outcomes following shoulder arthroplasty?* *Journal of Shoulder and Elbow Surgery*. July 2020 Vol 20, 1028-63. *PMID: 32711107*
- Ode G, Odum S, Connor PM, **Hamid N.** *Ambulatory vs Inpatient Shoulder Arthroplasty: A Population-based Analysis of Trends, Outcomes, and Charges.* *Journal of Shoulder and Elbow Surgery International*. March 2020• Vol 4 (1), 127-132. *PMID: 32195474*
- Trofa D, Schiffern SC, **Hamid N.** *Healing Rates and Clinical Outcomes of Lesser Tuberosity Osteotomy in Total Shoulder Arthroplasty.* *Journal of American Academy of Orthopaedic Surgeons Global Research*. February 2020, Vol 4 (2), 19-24. *PMID: 32440624*
- Young BL, Connor PM, Schiffern SC, Roberts KM, Hamid N. *Reverse shoulder arthroplasty with and without concomitant latissimus and teres major transfer for shoulder pseudoparalysis with teres minor dysfunction: a prospective, randomized investigation.* *Journal of Shoulder and Elbow Surgery*. June 2019, vol 28 (6). 203-204. *PMID: 32305105*
- Leas D, Connor PM, Schiffern SC, D'Alessandro D, Roberts KM, **Hamid N.** *Opioid Free Shoulder Arthroplasty: A Prospective Study of a Novel Clinical Care Pathway.* *Journal of Shoulder and Elbow Surgery*. Sept 2019, Vol 28(9):1716-1722. *PMID: 31072655*

- Bean BA, Connor PM, Schiffern SC, **Hamid N**. *Outpatient Shoulder Arthroplasty at an Ambulatory Surgery Center Using a Multimodal Pain Management Approach*. J Am Acad Orthop Surg Glob. Oct 2018 23(10). PMID: 30656252

#### BOOK CHAPTERS

- Duethman N, **Hamid N**, Schiffern SC, American Academy of Orthopaedic Surgeons Comprehensive Orthopaedic Review- 4th Edition: Imaging of the Shoulder and Elbow. 2022.
- **Hamid N**, Galatz LM. Techniques in Revision Shoulder Arthroplasty: Management of Bone and Soft Tissue Loss. *Disorders of the Shoulder*. Iannotti JP and Williams GR. 2ndEdition.
- **Hamid N**, Schiffern SC, American Academy of Orthopaedic Surgeons Comprehensive Orthopaedic Review- 3rd Edition: Imaging of the Shoulder and Elbow. 2018
- **Hamid, N**, *American Academy of Orthopaedic Surgeons Comprehensive Orthopaedic Review 2: Imaging of the Shoulder and Elbow*. 2014
- **Hamid N**, Galatz LM. *American Shoulder and Elbow Surgeons Core Curriculum: Hemophilic and Septic Arthritis of the Elbow*. Spring 2011.

#### PODIUM PRESENTATIONS

- Jolissaint JE, MD, Scarola GT, Odum SM, Michalek C, Leas D, MD, Saltzman BM, Schiffern S, Loeffler BJ, Connor PM, **Hamid N**, and the CORE Study Group• *Opioid-free shoulder arthroplasty is safe, effective, and predictable compared to a traditional perioperative opioidate-containing regimen: a randomized controlled trial of a novel clinical care pathway*. American Academy of Orthopedic Surgeons AAOS 2022 Annual Meeting; Chicago, IL. Mar 22-26, 2022.
- Hong IS, Rao AJ, CarlLee TL, Hurwit DJ, scarola G, Trofa DP, Schiffern SC, **Hamid N**, Connor PM, Fleischli JE, Saltzman BM. *Outcomes After Arthroscopic Repair of Small to Large Rotator Cuff Tears in the Setting of Mild to Moderate Glenohumeral Osteoarthritis*. American Academy of Orthopedic Surgeons AAOS 2022 Annual Meeting; Chicago, IL. Mar 22-26, 2022.
- *Opioid-Free Orthopaedic Surgery- A Prospective randomized study of a novel clinical care pathway*, American Academy of Orthopaedic Surgeons Annual Meeting, speaker and panelists, September 2021.
- Young BL, Corpus KT, Scarola GT, Trofa DP, Yeatts NC, Piasecki DP, **Hamid N**, Connor PM, Schiffern SC, Saltzman BM, Fleischli JE. *Outcomes of Posterior Labral Repair with or without concomitant High-Grade Glenohumeral Chondral Pathology: A Retrospective Cohort with minimum*

2-Year Follow-Up. American Shoulder and Elbow Society Annual Meeting. October 2020.

- Gorbaty J, Odum S, Wally M, Seymour R, **Hamid N**, Hsu J. *Prevalence of prescription opioids for the treatment of shoulder osteoarthritis*. American Public Health Association. Virtual (COVID-19). October 2020.

## POSTER PRESENTATIONS

- Berk AN, Dib AG, Meade JD, Rao AJ, Fleischli JE, **Hamid N**, Saltzman BM. *The Latarjet Procedure: 6-Year Outcomes in Female Patients*. AOSSM 2023 Annual Meeting; Washington, D.C. Jul 13-16, 2023
- Gorbaty J, Odum SM Wally MK, Seymour RB, **Hamid N**, Hsu JR, PRIMUM Group. *Prevalence of Prescription Opioids for the Treatment of Shoulder Osteoarthritis*. American Association of Orthopaedic Surgeons. Orlando, FL. March 2020.
- Odum S, Van Doren B, **Hamid N**, Gaston G. *Outcomes Validation of the ASES, DASH, EQ5D, and VR6D in a Population of Orthopedics Patients with Upper Extremity Morbidity*. AAOS Annual Meeting, March 2016.
- **Hamid N**, Loeffler B, Brady W, Kellam J, Sims S, Anderson R, Davis H, Cohen B, Jones C, and Bosse M. *Outcomes after fixation of ankle fractures with syndesmotic injuries: Should the syndesmotic screw be removed?* Orthopaedic Trauma Association Annual Meeting, October 2008.
- Ly, T, **Hamid N**. *Results of Operative Intervention of Supracondylar Femur Fractures*. Orthopaedic Trauma Association Annual Meeting, October 2006.
- **Hamid N**, Magnuson S. *Metastasis of Adenoid Cystic Carcinoma to Percutaneous Endoscopic Gastrostomy Exit Site*. NIH Scholars Research Symposium, 2002.

## Team

---

- Physician Assistant - *Jeffrey Morrison*
- Administrative Assistant - *Rebekah Tsung*
- Clinical Assistant - *Imana Carl*
- Surgery Scheduler - *Becky Ross*