



Nady Hamid, MD

Bio

Dr. Hamid specializes in treating disorders of the shoulder and elbow. He completed his fellowship training in shoulder and elbow surgery at the esteemed Shoulder and Elbow Center at Washington University in St. Louis, MO. He also traveled to Nice, France for further training in advanced arthroscopic shoulder surgery and complex shoulder reconstruction. He has published numerous scientific articles and book chapters pertaining to rotator cuff disease, shoulder arthritis, and post-traumatic elbow disorders. He currently serves on the editorial review board for the Journal of the American Academy of Orthopaedic Surgeons and the Journal of Shoulder and Elbow Surgery. He currently serves the role of Lead Physician at the OrthoCarolina Shoulder and Elbow Center and is the Site Director for the Orthopaedic Surgery Residency at CHS Mercy Hospital. Dr. Hamid has recently been invited to join the prestigious American Society of Shoulders and Elbow Surgeons.

P: 704.323.3000

Patient Rating:

4.8 out of 5 Stars

LOCATIONS

- Shoulder & Elbow Center
- South Park
- Sports Medicine Center

CLINICAL SPECIALTIES

- Shoulder & Elbow
- Sports Medicine
- Shoulder

Education

- **University of South Alabama** -- *Bachelor of Science, Biomedical Studies, Summa Cum Laude*
- **University of Alabama School of Medicine** -- *Doctor of Medicine, Magna Cum Laude*
- **Atrium Health - Carolinas Medical Center** -- *Residency*
- **Washington University, St. Louis, MO** -- *Fellowship, Shoulder & Elbow Surgery*
- **L'archet University Hospital, Nice, France** -- *Post-Fellowship Training, Shoulder Surgery*

Practice

- American Board of Orthopedic Surgery, 2013
- Atrium Health Department of Orthopaedic Surgery -- Associate Professor

- [5 questions for Dr. Nady Hamid - Business NC Magazine](#)

- Member of the American Orthopaedic Association (AOA)- Emerging Leaders Program
- Member of the American Academy of Orthopaedic Surgeons (AAOS)
- Member of the North Carolina Orthopaedic Association (NCOA)
- Member of the Mecklenburg County Medical Society
- Member of the Alpha Omega Alpha Medical Honor Society (AOA)
- Member of the University of Alabama School of Medicine Alumni Society
- Member of the prestigious Society of the American Shoulder and Elbow Surgeons (ASES)

Awards

- 2023 [North Carolina's Top Doctors](#), Charlotte Region, SouthPark Magazine
- 2022 [North Carolina's Top Doctors](#), Charlotte Region, SouthPark Magazine
- Named a 2021 Top Doctor by Charlotte Magazine
- Named a Carolina Top Doctor, 2020
- Named a 2020 Top Doctor by Charlotte Magazine
- Named a 2019 Top Doctor by Charlotte Magazine
- Named a 2018 Top Doctor by Charlotte Magazine

Residency

- AOA- Emerging Leaders Program 2010
- Best Resident Clinical Paper 2010
- AOA- Kellogg Leadership Series 2008
- Best Resident Clinical Paper 2008
- Residency Selection Committee 2008, 2009

Medical School

- Magna Cum Laude 2005
- Alpha Omega Alpha Honor Society 2004
- Purifoy Memorial Medical Scholarship 2004
- Pathology Honor Society for Academic Excellence 2004
- Benjamin and Roberta Russell Medical Scholarship 2003
- Physiology Academic Excellence Award 2002
- Buckby Medical Graduate Scholarship 2001

Research

PUBLICATIONS

- **“Opioid-Free Total Shoulder Arthroplasty” -- Nonopioid Pain Management Is Effective in TSA Patients**
- **Hamid N**, Loeffler B, Braddy W, Kellam J, Cohen B, and Bosse M. Outcomes after fixation of ankle fractures with syndesmotic injuries: Should the syndesmotic screw be removed? *Journal of Bone and Joint Surgery (Br)* . Vol 91-B, No 8 Aug 2009. 1069-74.
- **Hamid N**, Ashraf N, Bosse MJ, Connor PM, Kellam JF, Sims SH, Stull DE, Jeray KJ, Hymes, TJ, and Lowe TJ . Radiation therapy for heterotopic ossification prophylaxis acutely after elbow trauma. *Journal of Bone and Joint Surgery (American)*. 2010 September 1;92(11):2032-8.
- **Hamid N**. Removal of Intact and Broken Syndesmotic Screws may be Unnecessary. *Orthopaedics Today (Non-Peer Reviewed Journal)*, October 2010 (volume 28).
- **Hamid N**, Galatz L. Total Shoulder Arthroplasty: Tried and True. *Seminars in Arthroplasty*. March 2011; 22 (1): 21-24.
- **Hamid N**, Connor PM, Fleischli JF, and D’Alessandro DF. Fracture of the acromion after reverse shoulder arthroplasty. *American Journal of Orthopedics*. vol 40 (7). July 2011. E125-129.
- **Hamid N**, Omid R, Yamaguchi K, Steger-May K, Stobbs G, Keener JD. Relationship of radiographic acromial characteristics and rotator cuff disease: A Prospective investigation of clinical, radiographic, and sonographic results. *Journal of Shoulder and Elbow Surgery* Vol 21 (10). October 2012. 1289-98.
- Omid R, **Hamid N**, Keener JD, Galatz LM, Yamaguchi K. Relationship of the Radial nerve to the anterior capsule of the elbow: Anatomy with correlation to arthroscopy. *Journal of Arthroscopy* Vol 28 (12). Dec 2012. 1800-4.
- Phelps K, **Hamid N**. Spontaneous Ruptures of the Distal Biceps and Rotator Cuff Tendons Secondary to Syringomyelia. *Journal of Bone and Joint Surgery Case Connect* Vol 5(4), Dec 2015.
- Harmer LS, Phelps KD, Crickard CV, Sample KM, Andrews EB, **Hamid N**, Hsu JR: A comparison of exposure between the classic and modified judet approaches to the scapula. *J Orthop Trauma*. 2016 May; 30(5):235-9.
- Angerame M, Ruder J, Odum S, **Hamid N**. Pain in Total Shoulder Arthroplasty with Injectable Liposomal Bupivacaine versus Interscalene Block. *Orthopedics*, 2017 June 15:1-6.

PUBLICATIONS (Submitted/In Press) AND RESEARCH IN PROGRESS

- Odum S, Spector L, **Hamid N**. Value of Shoulder Arthroplasty Bundle Payment for Care Improvement Project at an Orthopaedic Private Practice. Submitted to *Journal of Shoulder and Elbow Surgery*, October 2016
- **Hamid N, Connor PM**: Retrospective and prospective clinical outcomes study of the Zimmer Nexel total elbow. Ongoing study
- **Hamid N, D'Alessandro DF, Schiffern SC, Connor PM**: Reverse shoulder arthroplasty with and without concomitant latissimus and teres major transfer for shoulder pseudoparalysis with teres minor dysfunction: a prospective, randomized investigation. Ongoing study.
- **Hamid N, Vestermark G, D'Alessandro DF, Fleischli JE, Piasecki DP, Connor PM**: The incidence of rotator cuff pathology in the setting of a proximal biceps tendon rupture. Ongoing study. Harmer LS, Crickard CV, Phelps KD, Andrews EB, Sample KM, **Hamid N, Hsu JR**: Surgical approaches to the proximal humerus: A quantitative comparison of the deltopectoral approach and the anterolateral acromial approach. Drafted for submission to *Journal of Shoulder and Elbow Surgery*.
- Vestermark G, Odum S, **Hamid N**. The Incidence of Rotator Cuff Pathology in the Setting of Acute Proximal Biceps Tendon Rupture. Ongoing Study.
- **Hamid N, Leas D, Connor PM, Schiffern S**. Opioid Free Shoulder Arthroplasty. Ongoing Study.

BOOK CHAPTERS

- Hamid N, Galatz LM. Techniques in Revision Shoulder Arthroplasty: Management of Bone and Soft Tissue Loss. *Disorders of the Shoulder*. Iannotti JP and Williams GR. 2nd Edition.
- Hamid N, Galatz LM. American Shoulder and Elbow Surgeons Core Curriculum: Hemophilic and Septic Arthritis of the Elbow. Spring 2011.
- Hamid, N, *American Academy of Orthopaedic Surgeons Comprehensive Orthopaedic Review 2: Imaging of the Shoulder and Elbow*. 2014

PODIUM PRESENTATIONS

- American Academy of Orthopaedic Surgery Annual Meeting. San Diego, CA, March 2011
- **Hamid N, Loeffler B, Brady W, Kellam J, Sims S, Anderson R, Davis H, Cohen B, Jones C, and Bosse M**. *Outcomes after fixation of ankle fractures with syndesmotic injuries: Should the syndesmotic screw be removed?* American Orthopaedic Foot and Ankle Society Annual Summer Meeting, June 2008.
- **Hamid N, Loeffler B, Brady W, Kellam J, Sims S, Anderson R, Davis H, Cohen B, Jones C, and Bosse M**. *Outcomes after fixation of ankle fractures*

with syndesmotic injuries: Should the syndesmotic screw be removed?

Atrium Health - Carolinas Medical Center Orthopaedic Resident Research Symposium, June 2008. **Awarded Best Resident Clinical Paper.**

- **Hamid N**, Loeffler B, Brady W, Kellam J, Sims S, Anderson R, Davis H, Cohen B, Jones C, and Bosse M. *Outcomes after fixation of ankle fractures with syndesmotic injuries: Should the syndesmotic screw be removed?* North Carolina Orthopaedic Association Annual Meeting, October 2008.
- **Hamid N**, Ashraf N, Bosse MJ, Connor PM, Kellam JF, Sims SH, Stull DE, Jeray KJ, Hymes, TJ, and Lowe TJ. *Radiation therapy for heterotopic ossification prophylaxis acutely after elbow trauma.* Atrium Health - Carolinas Medical Center Orthopaedic Resident Research Symposium, June 2010. **Awarded Best Resident Clinical Paper.**
- **Hamid N**, Connor PM, Fleischli JF, and D'Alessandro DF. *Fracture of the acromion after reverse shoulder arthroplasty.* North Carolina Orthopaedic Association Annual Meeting, October 2010.
- **Hamid N**, Ashraf N, Bosse MJ, Connor PM, Kellam JF, Sims SH, Stull DE, Jeray KJ, Hymes, TJ, and Lowe TJ. *Radiation therapy for heterotopic ossification prophylaxis acutely after elbow trauma.*
- American Academy of Orthopaedic Surgery Annual Meeting. San Diego, CA, March 2011.
- **Hamid N.** *Shoulder Symposium- Management of the Biceps Tendon: Tenotomy vs Tenodesis.* North Carolina Orthopaedic Association Annual Meeting October 2014.
- **Hamid N.** *Surgical Treatment of Proximal Humerus Fractures.* American Shoulder and Elbow Society Southern Shoulder Course. Nashville, TN. September 23, 2016.
- **Hamid N**, Odum S, et al. *"Is there Value in Retrospective 90-day Bundle Payment Models for Total Shoulder Arthroplasty Procedures"*. American Academy of Orthopaedic Surgery Annual Meeting. San Diego, CA, March 2017.

POSTER PRESENTATIONS

- **Hamid N**, Magnuson S. *Metastasis of Adenoid Cystic Carcinoma to Percutaneous Endoscopic Gastrostomy Exit Site.* NIH Scholars Research Symposium, 2002.
- Ly, T, **Hamid N.** *Results of Operative Intervention of Supracondylar Femur Fractures.* Orthopaedic Trauma Association Annual Meeting, October 2006.
- **Hamid N**, Loeffler B, Brady W, Kellam J, Sims S, Anderson R, Davis H, Cohen B, Jones C, and Bosse M. *Outcomes after fixation of ankle fractures with syndesmotic injuries: Should the syndesmotic screw be removed?*

Orthopaedic Trauma Association Annual Meeting, October 2008.

- Odum S, Van Doren B, **Hamid N**, Gaston G. *Outcomes Validation of the ASES, DASH, EQ5D, and VR6D in a Population of Orthopedics Patients with Upper Extremity Morbidity*. AAOS Annual Meeting, March 2016.

Team

- Physician Assistant - *Jeffrey Morrison*
- Administrative Assistant - *Rebekah Tsung*
- Clinical Assistant - *Mackenzie Bolduc*
- Surgery Scheduler - *Becky Ross*