



Michael L. Dockery, MD

**P: 704.323.2100**

**Patient Rating:**

4.8 out of 5 Stars

**LOCATIONS**

- University

**CLINICAL SPECIALTIES**

- Specialties
- Knee
- Sports Medicine
- Shoulder
- Sports Medicine

## Michael L. Dockery, MD

### Bio

- **Head Team physician** -- Mallard Creek High School
- Chief of Orthopedics -- University Hospital, Atrium Health
- Chairman of Board -- Mallard Creek Surgery Center
- Clinical faculty -- Atrium Health
- Board Certified – ABOS
- Sports Medicine, Subspecialty certified – ABOS

### Education

- **University of North Carolina at Chapel Hill** -- *Bachelor of Arts*
- **University of Florida College of Medicine** -- *Doctor of Medicine*
- **University of Florida, Shands Hospital** -- *Internship, Surgery*
- **University of Florida, Shands Hospital** -- *Residency, Orthopedics*
- **University of Oklahoma** -- *Fellowship, Sports Medicine*

### Practice

- Specializing in ACL reconstruction
- Specializing in meniscus and cartilage surgery
- Specializing in shoulder rotator cuff repair
- Specializing in shoulder instability surgery

- Specializing in knee, shoulder, and elbow arthroscopy
- 

- Member of the American Academy of Orthopedic Surgeons
- Member of the Arthroscopy Association of North America
- Member of the American Medical Association
- Member of the North Carolina Orthopedic Association
- Member of the North Carolina Medical Society
- Member of the Mecklenburg County Medical Society

## Awards

---

- 2023 [North Carolina's Top Doctors](#), Charlotte Region, SouthPark Magazine
- 2022 [North Carolina's Top Doctors](#), Charlotte Region, SouthPark Magazine
- Named a 2020 Top Doctor by Charlotte Magazine

## Research

---

### PUBLICATIONS, PRESENTATIONS, AND LECTURES

- “EMG Evaluation of Rotator Cuff Function During Shoulder Rehabilitation,” presented at Florida Orthopaedic Society Annual Meeting 1994. Presented at American Academy of Orthopaedic Surgery Annual Meeting, 1995.
  - “Evaluation of Treatment and Management of Aggressive Lesions of the Femoral Head and Neck”, presented in June 1995.
  - “Predictability of Hamstring Tendon Graft Lengths in Anterior Cruciate Ligament Reconstruction”, presented May 1996.
  - “Cadaver Anatomy of the Wrist and Hand”, presented at Eleventh Annual Sports Medicine Symposium, Charlotte, NC, January 1997.
  - “Prospective Evaluation of Patellofemoral Pain”, presented at the Arthroscopy Association of North America annual meeting, April 1997.
  - “Complex Knee Problems; from Sports Injuries to Total Knee Arthroplasty”, Faculty Members, AAOS, Rosemont, IL, April 18-20, 1997.
  - “Shoulder Injuries in the Workman’s Compensation Patient”, Charlotte, NC, June 1997.
  - “Anterior Cruciate Ligament Injuries in the Skeletally Immature Patient”, Oscar Miller Day, Charlotte, NC, October 1998.
  - Dockery, ML, Wright, TW., and LaStayo, P.C. (1998) “Electromyography of the Shoulder: An Analysis of Passive Modes of Exercise” Orthopedics, 21, 1181-1184.
  - “Patellofemoral Pain in Athletes”, Thirteenth Annual Sports Medicine Symposium, Charlotte, NC, January 1999.
- 



- “Complex Knee Problems: Surgery for the Active Knee”, Faculty member, AAOS OLC Course, Chicago, IL, April 1999.
- “Articular Debridement and Abrasion Arthroplasty for Chondral Changes in the Knee”, Oscar Miller Day, Charlotte, NC, October 1999.
- “Complex Knee Problems of the Adult Knee”, Faculty Member, AAOC OLC Course, Chicago, IL, July 2001.
- “Knee Dislocation; Assessment and Decision Making”, Oscar Miller Day, Charlotte, NC, January, 202.
- “Complications of ACL Reconstruction: Arthrofibrosis and Infection”, Oscar Miller Day, Charlotte, NC October, 2002. “Knee Dislocation: Multiple Ligament Injuries and Treatment Options”, 17<sup>th</sup> Annual Sports Medicine Symposium, Charlotte, NC, February, 2003.
- “Physical Exam of the Injured Shoulder”, Symposium on Current Trends in the Management of the Adult Shoulder, Charlotte, NC, April, 2003.
- “Adolescent Knee Injuries” Athletic Injuries of the Knee Symposium, Charlotte, NC January 2007
- “Physical Exam of the Shoulder and Elbow” Athletic Injuries of the Shoulder and Elbow Symposium, Charlotte, NC January 2010