



## Lauren Spears, PTA, Cert. BFR

### Bio

---

Lauren has been a Physical Therapist Assistant since 2019; she has practiced in outpatient & pediatric settings.

In her free time, Lauren can be found spending time with her family- usually around a wrestling mat or ball field. Lauren's favorite hobbies include DIY projects & calligraphy art.

### LOCATIONS

- Gastonia Physical & Hand Therapy

### Awards

---

South College Dean's List 2016-2018

### CLINICAL SPECIALTIES