



Britni Alatorre, OTR/L

Education

- Winston-Salem State University- Master of Science in Occupational Therapy,
- The University of North Carolina at Chapel Hill- Bachelor of Arts in Sociology

LOCATIONS

- Hand Center Therapy

CLINICAL SPECIALTIES

Research

Mayo Clinic Hand Therapy Journal Club (Summer 2022).

Presented to the Department of Hand Therapy on the efficacy of conservative interventions (including compensatory strategies and home modifications) to treat rheumatoid and osteoarthritis. Presented Part II on tendinopathies and the importance of tendon loading to increase functional capacity in patients.

Mayo Clinic Hand Therapy Journal Club (Winter 2022).

Presented to the Department of Hand Therapy on the continuum of flexor tendon injuries and evolution of the surgical protocols- evidence promoting lateral blocking and role of hand therapists with scar management to promote tendon gliding post-surgically.

Mayo Clinic PM&R Grand Rounds (Winter 2022).

Presented to PM&R staff across Mayo Clinic campuses on “Got to Hand it To You, The Extensor Mechanism is Important for Function”-evidence promoting five extensor mechanism pathologies and common interventions within the realm of occupational therapy.