



Shannon Lalli, MHA, ATC, CMTPT

Bio

Shannon started with OrthoCarolina in 2023 after moving from the DC area with her husband (Ryan) and dog (Willie Nelson). She was an athletic trainer for 4 years with St. John's College High School in DC and prior to that worked in multiple high schools in New York near her hometown. She will be the athletic trainer for the Charlotte Bootleggers and can't wait to bring her experience to the new team. She has a background in sports performance, manual therapy, and nutrition.

LOCATIONS

- University Physical & Hand Therapy

In her free time, she enjoys reading, watching Florida Gator athletics, and spending time with her family, exploring all that Charlotte has to offer.

CLINICAL SPECIALTIES

Education

- University of Florida - BS Athletic Training
- Georgetown University - Masters of Health Admin