



Christopher Hux, PT, DPT, Cert DN

Bio

Dr. Christopher Hux helps his clients develop a holistic physical therapy treatment plan that focuses on physical, mental, spiritual, well being based on the techniques he learned when he needed to get his own life back on track. Chris was battling addiction, depression and anxiety several years ago when a coworker suggested that he try going for a run to balance his sedentary lifestyle. Chris reluctantly incorporated running into his routine. As his physical and mental health improved, so did his personal relationships, his faith, his outlook on life and his professional development. Chris is still an active runner and enjoys other outdoor activities, such as hiking, lifting weights and playing tennis. Chris also enjoys playing the bass guitar and is active in the praise band at church. Chris' wife is Marnell Hux and they have one son Noah Fischer Hux.

LOCATIONS

- Matthews Physical & Hand Therapy

CLINICAL SPECIALTIES

Education

University of Central Florida- *Bachelor of Science in Health Science - Pre-Clinical Allied Track*

University of North Florida- *Doctor of Physical Training Degree in Physical Therapy*

Practice

APTA Specialty: Certified in Dry Needling, Mckenzie, FCE & Work Conditioning, Injured Runners, Telehealth, APTA Credentialed Clinical Instructor Program, Concussion Rehab