



## Cayla Faverio, PT, DPT

### Bio

---

Cayla, originally from New York, joined the OrthoCarolina team in the fall of 2021. Cayla enjoys treating athletes of all ages and getting people back to the things that they enjoy doing. Outside of the clinic, Cayla enjoys running, hiking, playing golf, and traveling.

### Education

---

#### LOCATIONS

- Concord Physical & Hand Therapy

- Virginia Tech - B.S. in Human Nutrition, Foods, and Exercise Science - Minor in Spanish
- Duke University - Doctor of Physical Therapy

### Practice

---

#### CLINICAL SPECIALTIES

- APTA member - member of the Sports and Orthopedics sections
- Experience with Running Gait Analysis

### Research

---

#### [Youth Distance Running and Lower Extremity Injury: A Systematic Review](#)

*Tatiana Paz \**, Rachel N. Meyers, **Cayla N. Faverio**, Yuxuan Wang, Emily M. Vosburg and Derek J. Clewley