



Tammie Hill, PTA

Bio

Tammie has been with OrthoCarolina since April 2019. With a background in massage and yoga, her strengths are hands-on myofascial work and using proper body alignment to achieve optimal muscle performance.

As a Blowing Rock native, she enjoys hiking in the mountains with her husband, 2 kids, and their dog. One of Tammie's passions is leading a local Girl Scout troop where she empowers girls to discover their true value and become contributing members of their communities.

LOCATIONS

- Boone Physical Therapy

CLINICAL SPECIALTIES

Education

- **Caldwell Community College** – A.A.S. *Physical Therapist Assistant*
- **Wilkes Community College** – 660 hr *Massage Therapy*
- **Neighborhood Yoga** – 200 hr *Yoga Teacher Training*