



Reuben Myer, PT, DPT

Bio

Reuben enjoys to do anything involving orthopedic for people ages 10-100 years old! This includes activities such as hiking, volleyball, basketball and guitar .

Reuben is also a former collegiate rower at the University of Virginia.

CLINICAL SPECIALTIES

Education

- **University of Virginia** - *Bachelor of Arts with Concentration in Human Movement*
- **Duke University** - *Doctor of Physical Therapy*

Practice

- Board-Certified Clinical Specialist in Orthopedic Physical Therapy, 2017
- Certified Manual Trigger Point Therapist for Dry Needling, including facial muscle
- Orthopedic Physical Therapy Residency, Benchmark University, 2014 – 2016
- 6 Years Physical Therapy Experience in Outpatient Orthopedic Physical Therapy, 2013 - 2019
- CrossFit Level I Certified
- American Council on Education Certified Personal Trainer
- International Sports Science Association Certified Personal Trainer
- United States Triathlon Association Level I Certified Coach (completed at Olympic Training Center in Colorado Springs, CO)
- American Swim Coaches Association Level 2 Certified Swim Coach
- Former Collegiate Rower, University of Virginia