



Lauren Grappone, PTA

Bio

Lauren joined the staff at OrthoCarolina in 2012 and she has more than 15 years of experience working as a Physical Therapy Assistant. Lauren earned her Bachelor of Science degree in Athletic Training from UNC Wilmington and she studied at Central Piedmont Community College to obtain her PTA degree. Her main area of interest is treating lower extremity dysfunction, primarily working with post-surgical hip and knee patients. She frequently attends continuing education programs focusing on manual techniques, taping and exercise progression.

LOCATIONS

- Ballantyne Physical & Hand Therapy

CLINICAL SPECIALTIES

Education

- **University of North Carolina at Wilmington** - *Bachelors of Arts in Athletic Training 2001*
- **Central Piedmont Community College** - *Associate Degree in Physical Therapy Assistant 2004*

Practice

- Outpatient Orthopedics - Sports Injuries
- Kinesiotaping
- Certified Clinical Instructor