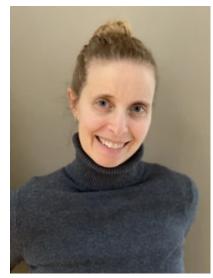
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P: 828.264.0501

Boone Physical Therapy

CLINICAL SPECIALTIES

Jessica Nelsen, DPT, MTC, OCS

Bio

Jessica Nelsen, PT, DPT, OCS, MTC graduated with honors from Simmons College, Boston, MA in 2001. Because of her extensive background in dance, a highlight during graduate school was a clinical internship with the PTs working with the Boston Ballet. While working in the outpatient department of a small hospital in NH, Jessie also volunteered with Northeast Passage, a group providing recreational activities for folks of all ages with disabilities including hiking parts of the Appalachian Trail and playing sled hockey.

She has been a Certified Manual Therapist (MTC) through the University of St. Augustine since 2006 and a Board Certified Orthopaedic Specialist (OTC) since 2007. Since moving to NC in 2007, Jessie has been working to make lives better by problem-solving each client's individual needs and goals for issues from head to toe. Her advanced training has built her skills as a spine specialist, although she loves the opportunities to stay balanced working with all different body parts.

She and her family love hiking and rock climbing together. With a passion for movement, Jessie also loves doing yoga, is working toward her aerial yoga teacher certification, and is an aerialist with Cirque Appalachia.

Education

- Simmons College Bachelors of Science in Physical Therapy
- The University of St. Augustine Doctorate of Physical Therapy