



## Carrie Rhodes, MPT

### Bio

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Carrie has been working as a PT at OC Winston for the past seven years. In 2007, she was an OC patient recovering from shoulder surgery and really enjoyed the rehab process and attending therapy. She ended up doing an internship prior to PT school and has been working here since PT school.

Carrie loves running! Her first love was swimming but after having two shoulder surgeries in college, she wanted to look for something else as an outlet for stress and a way to stay active. She serves as the OC liaison for the Foot Soldiers Run club at Foothills Brewing and have helped with different OrthoCarolina sponsored running events. She has competed in several triathlons and numerous half marathons.

She enjoys helping people and being able to assist patients from the onset of injury to return to prior activity level. Therapy can be a painful and challenging part of the recovery process and she likes being able to support people through this.

### Education

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- **Gardner-Webb University 2009-***Bachelors in Health and Wellness*
- **Winston-Salem State University 2012-** *Masters Degrees in Physical Therapy*

### Practice

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- Graston Technique
- Attend continuing education to further develop clinical skills

**P: 336-765-7058**

### LOCATIONS

- Winston-Salem Physical Therapy

### CLINICAL SPECIALTIES