



Gastonia

870 Summit Crossing Place
Gastonia, NC 28054

P: 704-867-2333

Gastonia

OrthoCarolina Gastonia is proud to serve Gaston County and the surrounding areas with premier patient care and world-class service. Our fellowship-trained orthopedic surgeons and Physician Assistants specialize in elbow, general orthopedics, hand, hip, knee, pediatrics, physiatry, shoulder, spine, and sports medicine.

We are proud to be the official team physicians for Belmont-Abbey College, the Gaston Grizzlies, and several local high schools. Our team of Physical Therapists is also available to help you improve your health. By using the latest technology and techniques available, OrthoCarolina Gastonia is here to make your life better.

ORTHOPEDIC SPECIALTIES:

- General Orthopedics
- Hand
- Hip & Knee
- Pediatric
- Physiatry
- Spine
- Sports Medicine

DIAGNOSTIC AND TREATMENT OPTIONS:

- Achilles Tendon repair
- ACL Repair
- Cartilage Repair
- Casting
- Conservative Hip & Knee Options
- Custom Foot Orthotics
- Dry Needling
- Elbow Surgery
- Fracture Care
- Hand Surgery
- Hip Surgery
- Joint Replacement

- Knee Ligament Surgery
- Knee Scope
- Knee and Shoulder Arthroscopy
- Knee Surgery
- Kyphoplasty
- MRI
- Neck Surgery
- Non-surgical Musculoskeletal Care
- Partial Knee Replacement
- Physical Therapy
- Shoulder Scope
- Shoulder Surgery
- Spine Surgery
- Total Hip Replacement
- Total Knee Replacement
- Trauma surgery
- X-Ray

INJECTIONS:

- Cortisone/Steroid
- Spine injections
- Visco Supplementation

SHOULDER:

- Biceps tendon at elbow
- Biceps tendon at shoulder
- Frozen Shoulder
- Rotator Cuff Surgery
- Shoulder instability surgery
- Shoulder separation/dislocation
- Shoulder tendinitis and impingement

PHYSIATRY:

- Arthrogram
- Electromyography (EMG)
- Radiofrequency Ablation
- Spine Injections

HAND/WRIST/ELBOW:

- Carpal tunnel syndrome
- Dupuytren's disease
- Elbow replacement
- Finger contracture
- Hand wrist forearm and elbow fractures
- Nerve disorders
- Pediatric hand and wrist problems
- Trigger finger release
- Wrist and elbow arthroscopy
- Wrist and elbow tendinitis

FREQUENTLY TREATED ORTHOPEDIC CONDITIONS:

- Ankle Sprains
- Arthritis (all joints)
- Back Pain
- Bulging/Herniated Disks
- Compression Fractures



- Hip Impingement
- Hip Pain
- Joint Degeneration
- Meniscus Repair
- Neck Pain
- Osteoperosis
- Overuse Injuries
- Pinched Nerves in Neck and Back
- Sciatica
- Spinal Stenosis
- Sports Hip Problems
- Sports Related Injuries
- Stress Fractures

CLICK BELOW TO LEARN MORE ABOUT OUR OTHER GASTONIA AREA LOCATIONS:

- [After Hours Orthopedic Urgent Care](#)
- [MRI](#)
- [Physical Therapy](#)

Physicians

Jeremy Freitas, PA-C	Esther Gelbard, PA-C	Doug Gaudons, PA-C	Shelby Jones, PA-C
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Advanced Practice Practitioners	Advanced Practice Practitioners	Advanced Practice Practitioners	Advanced Practice Practitioners
Hip, Knee, Sports Medicine	Pediatric	Sports Medicine	Elbow, Hand, Wrist
Danielle Koehne, PA-C	Ranjan S. Maitra, MD	Ryan McCarter, MD	Patricia L. McHale, MD
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Advanced Practice Practitioners	Physician	Physician	Physician
Spine	Shoulder & Elbow, Hip, Specialties, Knee, Sports Medicine, Shoulder, Sports Medicine, Trauma	Physiatry, Spine, Specialties, Fellowships, Physiatry	Sports Medicine, Sports Medicine
Canaan Prater, D.O.	Stefan A. J. Renaud, DO	Justin A. Rennard, MD	Alexandria Stanton, PA-C
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Physician	Physician	Physician	Advanced Practice Practitioners
Hip & Knee, Hip, Knee	Spine, Fellowships, Spine	Foot & Ankle, Foot & Ankle, Specialties, Fellowships	Specialties, Sports Medicine
Julie C. Woodside, MD			
Julie C. Woodside, MD			
Physician			
Hand, Elbow, Hand, Specialties, Fellowships, Trauma, Wrist			

