



Monroe

703 Comfort Lane
Monroe, NC 28112

P: 704.226.9550

Monroe

The physicians at our Monroe orthopedics center are experts in their field. We offer multiple sub-specialty orthopedic services such as:

- Hip and Knee Replacement
- Shoulder Replacement
- Arthroscopic Knee and Shoulder Surgery
- Rotator Cuff Surgery
- Sports Injuries
- ACL Reconstruction
- Meniscus and Other Knee Injuries
- Hand and Tendon Injuries
- Dupuytren's Contractures
- Peripheral Nerve Entrapment and Injuries
- General Fracture Care
- Comprehensive Spinal Care
- Degenerative Conditions of the Entire Spine
- Herniated Discs and Spinal Stenosis
- Neck Injuries and "Pinched Nerves"
- Epidural Injections and Nerve Blocks
- EMGs and Nerve Conduction Studies

Physicians

David T. Anderson, MD

**David T. Anderson,
MD**

Physician

Spine, Spine

Jakub Dmochowski, MD

**Jakub Dmochowski,
MD**

Physician

Hand, Elbow, Hand, Shoulder &
Elbow, Specialties, Shoulder

Adam Fosnaugh, MD

**Adam Fosnaugh, MD
Physician**

Shoulder & Elbow, Sports
Medicine, Sports Medicine

Alvin Haymond, PA-C

Alvin Haymond, PA-C

**Advanced Practice
Practitioners**

Natalie Obeng, PA-C

Natalie Obeng, PA-C
Advanced Practice Practitioners

Spine

Houston Reule, III, PA-C

Houston Reule, III, PA-C
Advanced Practice Practitioners

Sports Medicine

Matthew G. Robinson, MD

Matthew G. Robinson, MD
Physician

Hip & Knee, Hip, Specialties,
Knee, Fellowships

Zachary Stearns, PA-C

Zachary Stearns, PA-C
Advanced Practice Practitioners

Specialties

Ronald VanDerNoord, MD

Ronald VanDerNoord, MD
Physician

Physiatry, Specialties, Physiatry

