



## Monroe Physical & Hand Therapy

Our licensed physical and occupational therapists have advanced training in treating musculoskeletal, orthopedic, and functional movement impairments. We are equipped to deliver individualized rehabilitation programs to give our patients the opportunity to achieve a successful recovery with limited downtime.

### WE ARE FOCUSED ON DELIVERING INDIVIDUALIZED TREATMENT AND CUSTOM REHABILITATION FOR PATIENT SUCCESS:

- Musculoskeletal injuries
- Orthopedic specialties in Neck, Spine, Hip, Knee, Foot, Ankle, and Upper Extremities

703 Comfort Lane  
Monroe, NC 28112

**P: 704.323.2650**

### ADDITIONAL SPECIALTIES:

- CHT (Certified Hand Therapists)
- Custom Orthosis Fabrication for Upper Extremities
- Dry Needling
- Manual Therapy
- Sports

## Physicians



**Tanya Crooks, OTR/L**  
Occupational Therapist



**Donna L. Everett, PTA**  
Physician



**Isabelle Porter, OTD,  
OTR/L**  
Occupational Therapist  
Hand, Specialties



**Shaun Riney, PT,  
Clinical Manager at  
Monroe Physical  
Therapy**  
Physical Therapist



**Konrad Sekula, PT,  
DPT, OCS**

**Physical Therapist**



**Matthew Skorheim,  
DPT, OCS**

**Physical Therapist**



**Brian Tableman, PT**

**Physical Therapist**