



University Physical & Hand Therapy

Our licensed physical and occupational therapists have advanced training in treating musculoskeletal, orthopedic, and functional movement impairments. We are equipped to deliver individualized rehabilitation programs to give our patients the opportunity to achieve a successful recovery with limited downtime.

WE ARE FOCUSED ON DELIVERING INDIVIDUALIZED TREATMENT AND CUSTOM REHABILITATION FOR PATIENT SUCCESS:

- Musculoskeletal injuries
- Orthopedic specialties in Neck, Spine, Hip, Knee, Foot, Ankle, and Upper Extremities

ADDITIONAL SPECIALTIES:

- Aquatic Therapy
- Blood Flow Restriction
- CHT (Certified Hand Therapists)
- Custom Orthosis Fabrication for Upper Extremities
- Dry Needling
- Manual Therapy
- Sports

2400 West Mallard Creek
Church Rd
Charlotte, NC 28262

P: 704.323.2108

Physicians



Zen Abanilla, PT
Physical Therapist



Duane Albers,
Director of Physical &
Hand Therapy
Physical Therapist



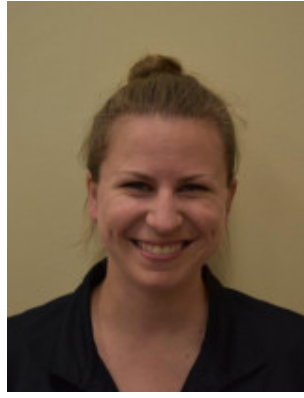
Mary Alexander, PTA
Physician



Paul Anderson, PT,
DPT, OCS, MTC
Physical Therapist



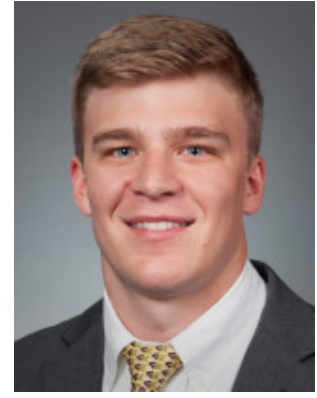
Steve Barnes, PTA
Physician



Lindsey Beck, PTA
Physician



Darran Brewton, PTA
Physician



**Thomas Childers, PT,
DPT, ATC**
Physical Therapist



**Brenda Culbertson,
MPT, CSCS**
Physical Therapist



**John Flanagan, PT,
DPT, CSCS, BRM**
Physical Therapist



**Karen Hinchee,
COTA/L**
Occupational Therapist



Henny Koole, PT
Physical Therapist



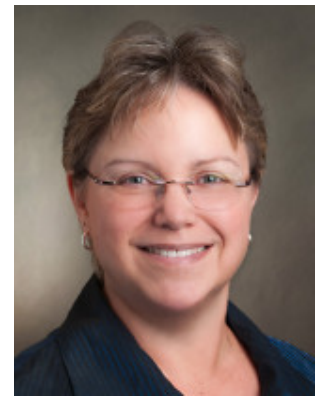
**Shannon Lalli, MHA,
ATC, CMTPT**
Physician
Sports Medicine



Aryn Lamberson, PT
Physical Therapist
Specialties



Joyce Love, OT
Occupational Therapist



**Elizabeth Nichols, PT,
ATC, Manager of
Therapy University
Office**
Physical Therapist
Sports Medicine



**Michael Severance,
PTA
Physician**



**Brenna Sifford, PT,
DPT**

Physician

Specialties, Fellowships