



## Shelby Physical Therapy

Our licensed physical therapists have advanced training in treating musculoskeletal, orthopedic, and functional movement impairments. We are equipped to deliver individualized rehabilitation programs to give our patients the opportunity to achieve a successful recovery with limited downtime.

### WE ARE FOCUSED ON DELIVERING INDIVIDUALIZED TREATMENT AND CUSTOM REHABILITATION FOR PATIENT SUCCESS:

- Musculoskeletal injuries
- Orthopedic specialties in Neck, Hip, Knee, Foot, Ankle, and Upper Extremities

101 Delta Park Drive  
Shelby, NC 28150

**P: 704.323.2736**

### ADDITIONAL SPECIALTIES:

- Blood flow restriction
- Dry Needling
- Manual Therapy

## Physicians



**Rhonda S. Cornwell**  
PT, MPT, OCS

Physical Therapist



**Isabelle Holland, PTA**  
Physician



**Joey Yip, PT, DPT,**  
CPT

Physical Therapist