## **Orthocarolina**



101 Delta Park Drive Shelby, NC 28150

P: 704.323.2736

## **Shelby Physical Therapy**

Our licensed physical therapists have advanced training in treating musculoskeletal, orthopedic, and functional movement impairments. We are equipped to deliver individualized rehabilitation programs to give our patients the opportunity to achieve a successful recovery with limited downtime.

WE ARE FOCUSED ON DELIVERING INDIVIDUALIZED TREATMENT AND CUSTOM REHABILITATION FOR PATIENT SUCCESS:

- Musculoskeletal injuries
- Orthopedic specialties in Neck, Hip, Knee, Foot, Ankle, and Upper Extremities

## **ADDITIONAL SPECIALTIES:**

- Blood flow restriction
- Dry Needling
- Manual Therapy

## **Physicians**



**Scott Briant, PTA Physician** 

Specialties



**Rhonda S. Cornwell** PT,MPT,OCS

**Physical Therapist** 

Specialties



Lyric Derr, PTA **Physician** 



Isabelle Holland, PTA **Physician** Specialties



Joey Yip, PT, DPT, CPT Physical Therapist