



## Cartilage Restoration Institute

Every day people injure the cartilage in their knees, shoulders, and other joints. Regardless of the cause, the result is the same: tremendous pain that makes it difficult to enjoy your daily life. In many cases, these injuries happen to people too young to undergo artificial joint replacement surgery. This is where skilled surgeons of the OrthoCarolina Cartilage Restoration Institute step in.

Knee cartilage injuries can happen during sports activities, at work, or simply doing everyday activities. When damaged, symptoms such as pain, swelling, locking or catching in the joint, and a loss of mobility can occur. Knee cartilage cannot heal itself, and if left untreated, may get worse over time. Luckily, for young, active, adult patients, there are surgical alternatives that have been shown to potentially solve these problems.

Our Sports Medicine Clinic has specialized treatment for Cartilage Damage, Osteochondritis Dissecans (OCD Lesions) and Meniscus Tears.

1915 Randolph Rd  
Charlotte, NC 28207

**P: 704-323-3000**

## Physicians



**James E. Fleischli,  
MD**

### Physician

Adolescent and Adult Sports Medicine, Cartilage Restoration, Complex Knee Surgery, Elbow, Shoulder & Elbow, Knee, Sports Medicine, Knee Ligament Reconstruction, Shoulder, Sports Medicine



**Dana P. Piasecki, MD**  
Physician

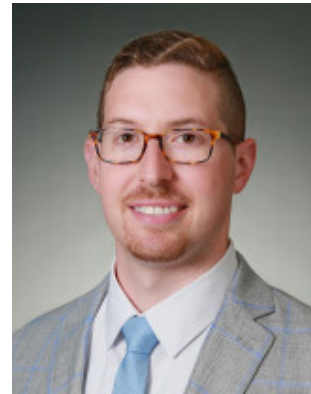
Cartilage Restoration, Elbow, Knee, Sports Medicine, Knee Ligament Reconstruction, Shoulder, Sports Medicine



**Jonathan C. Riboh,  
M.D.**

### Physician

Adolescent and Adult Sports Medicine, Cartilage Restoration, Specialties, Knee, Sports Medicine, Fellowships, Shoulder, Sports Medicine



**Bryan M. Saltzman,  
MD**

### Physician

Adolescent and Adult Sports Medicine, Cartilage Restoration, Elbow, Shoulder & Elbow, Knee, Sports Medicine, Shoulder, Sports Medicine