Sports Medicine / Shoulder & Elbow Fellowship

1915 Randolph Road, Charlotte, NC 28207
Welcome to Charlotte, NC

- 17th Largest City in the US
  - Population over 1.8 million in metro area
  - Midway b/w Atlantic Ocean and Appalachian Mountain
  - “Nice place to live for a year”

OrthoCarolina

- Large Group, Strong Reputation
- Private Practice With Strong Academic Affiliation
  - CMC Residency, Research, 4 Fellowships
- Lots of external and internal referrals
- Tertiary care center
  - Level One Trauma referrals
  - Complex S/E Trauma, Knee Dislocations, Cartilage Lesions
• ACGME Accredited since 2010

• Rotations
  - 2 Fellows
  - 2 Month Rotations
  - 2 Rotations with each attending
  - Mentorship model
  - One fellow with one attending at a time
  - No overlap with residents
Primary Faculty

Patrick Connor, MD
Columbia Shoulder Fellowship
Mayo Elbow Fellowship

Donald D’Alessandro, MD
Kerlan Jobe Sports Fellowship

James Fleischli, MD
ASMI Sports Fellowship
Patrick Connor, MD

- Head Team Physician for the Carolina Panthers
- Head Team Physician for The Charlotte Knights
- Head Team Physician for Joe Gibbs Racing Inc.

- Specializes in all aspects of Shoulder and Elbow Surgery
- Specializes in Arthroscopic and Reconstructive Knee Surgery
Donald D’Alessandro, MD

- Specializes in Athletic Knee Surgery: Arthroscopic, Reconstructive and ACL surgery
- Shoulder and Elbow Surgery, Arthroscopic Rotator Cuff Repair and Shoulder Replacement Surgery
- Chief of Sports Medicine & Shoulder Surgery at CMC
- Team Physician for Davidson College
- Assistant Team Physician for Hendrick Motorsports
- Team Physician for MLL Charlotte Hounds
James Fleischli, MD

- Specializes in Knee Ligament & Cartilage Repair
- Specializing in Arthroscopic Shoulder & Elbow Surgery
- Head Team Physician & Orthopedist for UNC at Charlotte
- Team Physician for Charlotte Knights, White Sox Triple A Affiliate
- Team Physician: East Mecklenburg & Myers Park High School.
- Shrine Bowl Medical Staff
- CMS High School Football Coverage Committee Director
Participating Faculty

Dana Piasecki, MD
Specializing in Complex Knee / Cartilage Restoration
Head team physician for Johnson C. Smith University
Head team physician for the Charlotte Roller Girls
Head team physician for the Charlotte Cobras
U.S. Olympic Team Network Physician

Dr. Bohannon Mason
Specializing in Hip Arthroscopy
American Academy of Orthopaedic Surgeons Member
American Association of Hip and Knee Surgeons Member
Hospitals

• Hospital Systems
  – CHS (Main, Mercy Hospital)
  – Novant (Presbyterian Ortho Hospital)

• Charlotte Surgery Center (CSC)
Fellows will have direct contact with several professional athletic teams including the Carolina Panthers. Fellows will also cover their “own” high school football team and participate in various high school and professional event coverage.
Research

Priority of the fellowship
Two ½ days / week for research / MP cases

OrthoCarolina Research Institute (OCRI)
- Helps facilitate research projects
- Study Design and Implementation
- Grant Applications
- Data Collection
- Statistics
- OC prospective research database
- FDA trials

Other Resources
CHS Biomechanics Lab - Dr. Rick Peindl
CHS Histology and Animal Lab - Dr. Helen Gruber
UNCC Biomechanics and Kinesiology Lab - Dr. Nigel Zheng
Sample Fellow Case Log

• Dr. Gregory Bellisari (2010 – 2011)
  Total Cases
  – Shoulder: 558
  – Elbow: 48
  – Knee: 135

• Dr. Scott O’Neal (2010 – 2011)
  Total Cases
  – Shoulder: 471
  – Elbow: 52
  – Knee: 130
## Select Cases from Scott O’Neal, MD – 2010 - 2011

### Shoulder
- Labral: 89
- RTC
  - Arthroscopic: 108
  - Open: 32
- Reverse TSA: 41
- TSA: 52
- Hum. Head Resurface: 7
- Glenoid Biologic Resurface: 9
- Prox. Humeral ORIF: 11
- McLaughlin: 14
- Glenoid ORIF: 7
- Post. Neer Shift: 12
- SC jt. Stabilization: 6
- Latarjet: 9
- HAGL: 7
- Pect. Major Repair: 5
- Open ACLR: 9

### Knee
- ACL: 49
- Meniscus Repair: 18
- Multi-lig: 14
- OATS: 4
- Allograft OATS: 4
- Microfracture: 8
- Fulkerson: 10
- MPFL: 16
- HTO: 7
- Dist. Femoral Osteotomy: 2
- Proximal HS repair: 2
- OCD repair: 5
- ACI: 4
- DENOVO: 7
- Z-length ITB: 4

### Elbow
- ORIF Elbow: 15
- TEA: 8
- Elbow Scope: 14
- UCL: 9
- Distal Biceps: 6
- Triceps Repair: 3
Clinic Responsibilities

– CHS run resident clinic

– Function as attending for Sports, S / E cases
  • Independent Surgery Experience
  • Opportunity to teach residents
• Conferences
  – Thursday conferences with attendance of the entire sports medicine faculty, residents & fellows
  – Weekly Sport Medicine Fellow Conferences on Fridays
    • Research, Case Presentation / Indications, Journal Club
  – Weekly Grand Rounds / M & M on Mondays

• Meetings
  – AAOS
  – Smith & Nephew (Hip Arthroscopy)
  – NFL Combines
  – Fellows Cartilage Repair Course (Mandelbaum)
  – Hip Arthroscopy & Pathology w/ Dr. Bryan Kelly
• Call
  – No call required
  – May take paid call ($1200 / night) as long as it doesn’t impact fellowship experience
    • Need time to read and do research (and work on golf game)
Interview Day

- 15 Minute Interview
- Tour Facilities, Meet with HR and OCRI
- Lunch at CMC Mercy’s Sunflower Room
- Call or email with any questions or concerns after your visit (james.fleischli@orthocarolina.com)
- We adhere to the SF Match rules and regulations.
  - You will not be contacted
  - It doesn’t mean we don’t like you!
Thank You!