



Lauren Spears, PTA

Bio

Lauren has been a Physical Therapist Assistant since 2019; she has practiced in outpatient & pediatric settings. Lauren plans to become a certified Blood Flow Restriction Specialist in 2024.

In her free time, Lauren can be found spending time with her family- usually around a wrestling mat or ball field. Lauren's favorite hobbies include DIY projects & calligraphy art.

LOCATIONS

- Gastonia Physical & Hand Therapy

CLINICAL SPECIALTIES