



Colleen Burnham, PT, DPT

Bio

Colleen has over 22 years of experience as a Physical Therapist. She is originally from New Jersey and moved to NC in 2005. She has treated all age ranges and settings, but her specialty is outpatient orthopedics. She has been with OrthoCarolina in Pineville since 2023 treating orthopedic injuries, post-surgical patients and spine-related injuries and conditions. In her spare time, she enjoys spending time with her husband and daughter. She plays softball, and tennis and enjoys cheering on her daughter in her travel softball tournaments. She is a huge New England Patriots football fan as well as cheering for her alma mater University of Kentucky Wildcats.

LOCATIONS

- Pineville Physical & Hand Therapy

CLINICAL SPECIALTIES

Education

- University of Kentucky - Bachelor of Science in Biology
- Widener University - Masters of Science in Physical Therapy
- Winston Salem State University - Doctorate in Physical Therapy

Practice

She is a hands-on therapist who incorporates exercise, manual therapy, and patient education into treatments so that patients can achieve their goals. She specializes in utilizing various manual techniques such as Mulligan, McKenzie, Maitland, myofascial release, IASTM, trigger point release, joint mobilization, and advanced Kinesio taping techniques.