Orthocarolina



101 Delta Park Drive Shelby, NC 28150

P: 704.323.2736

Shelby Physical Therapy

Our licensed physical therapists have advanced training in treating musculoskeletal, orthopedic, and functional movement impairments. We are equipped to deliver individualized rehabilitation programs to give our patients the opportunity to achieve a successful recovery with limited downtime.

WE ARE FOCUSED ON DELIVERING INDIVIDUALIZED TREATMENT AND CUSTOM REHABILITATION FOR PATIENT SUCCESS:

- Musculoskeletal injuries
- Orthopedic specialties in Neck, Hip, Knee, Foot, Ankle, and Upper Extremities

ADDITIONAL SPECIALTIES:

- Blood flow restriction
- Dry Needling
- Manual Therapy

Physicians



Scott Briant, PTA Physician

Specialties



Rhonda S. Cornwell PT,MPT,OCS

Physical Therapist

Specialties



Isabelle Holland, PTA
Physician

Specialties



Joey Yip, PT, DPT, CPT

Physical Therapist